

# TIME MANAGEMENT



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### AGENDA



- ✓ Introduction
- Myths & Realities
- ✓ Planning
- ✓ Execution
- ✓ Monitoring & Control
- **√**Q & A

# Introduction



- ✓ Lottery
  - ▶One Time
    - \*Rs. 10,000
    - \*Rs. 10,000,000
  - **>**Daily
    - \*Rs. 10,000
    - \*Rs. 10,000,000



### MYTHS & REALITIES



#### Myths

- Time management is nothing but common sense.
- I do well at my work, so I must be managing my time effectively.
- ✓ It takes all the fun out of life!!!
- ✓Time management?
- I work better under pressure.
- ✓ No matter what I do, I won't have enough time!

#### Realities

- is ✓Increases productivity & nse.
  Reduces stress.
  - Improves self-esteem & Helps achieve balance in life.
  - Increases self-confidence Helps you reach your goals!

## **PLANNING**



- ✓ Set
  - **≻**Goals
  - Reasonable Expectations



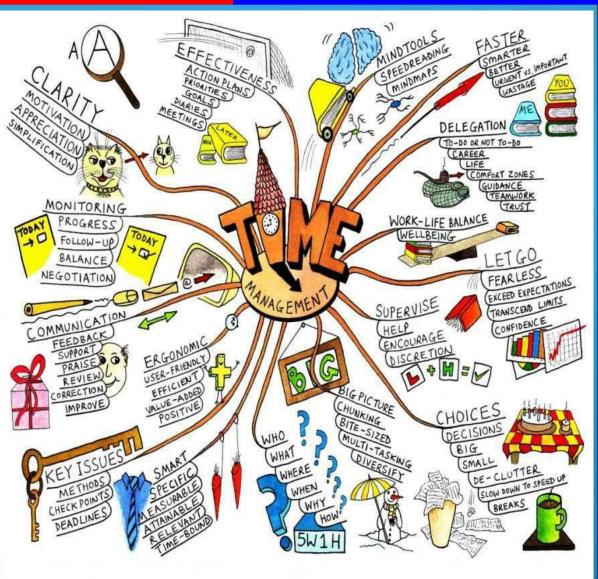
#### ✓ Make a Schedule

	URGENT	NOT URGENT
IMPORTANT	Quadrant I urgent and important <b>DO</b>	Quadrant II not urgent but important <b>PLAN</b>
NOT IMPORTANT	Quadrant III urgent but not important <b>DELEGATE</b>	Quadrant IV not urgent and not important ELIMINATE

# EXECUTION (THINGS TO REMEMBER)



- √ Goals
  - >Specific
  - > Measurable
  - > Achievable
  - > Relevant and
  - >Time Bound
- ✓ Schedule
  - >Adhere To The Schedule
  - Wherever Possible Make Backword Plans



### EXECUTION (THINGS TO REMEMBER)



# To Do Lists, Colour Code The Tasks

#### Merge Them Into Your Calendar

Red – Urgent & Imp. Yellow – Not Urgent But Imp.

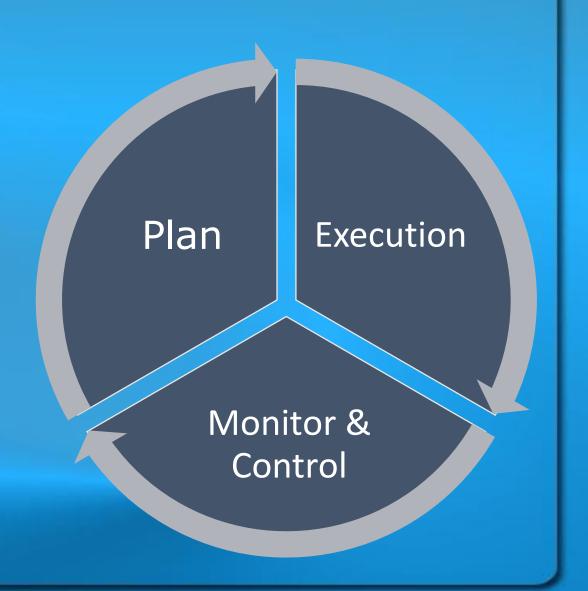
Green – Urgent But Not Imp. Blue – Not Urgent & Imp.



# MONITORING & CONTROL

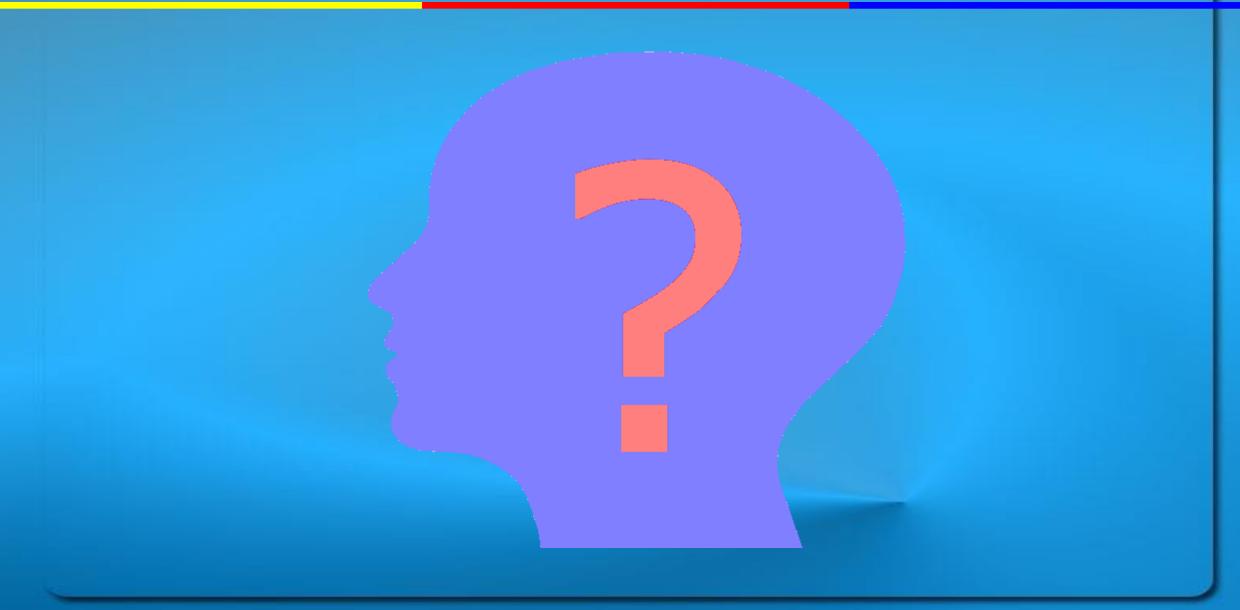


- Analyse The Execution
- ✓ Revisit Your Plan
- Revise The Plan For Improvement
- ✓ Continuous Improvement



# QUESTIONS & ANSWERS





### **THANK YOU**



